

Krakow, 24.06.2026

Letter of recommendation

To Whom It May Concern,

I am pleased to provide this letter of recommendation for Ms. Julia Pilch, who was my physiotherapy student at the Jagiellonian University Medical College during the 2022–2023 academic year.

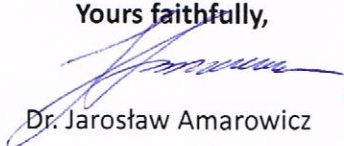
Throughout the Adaptive Sports course, which I coordinated, Ms. Pilch consistently demonstrated a high level of dedication, responsibility, and professionalism. She actively engaged in both curricular and extracurricular activities, showing particular commitment to initiatives supporting individuals with disabilities. Among others, she participated in the Day of Sport organized as part of the Kraków Days of Integration 2023, as well as in numerous class-based problem-solving tasks.

During practical sessions involving individuals with disabilities, Ms. Pilch distinguished herself through her empathy, patience, and strong interpersonal skills. Her genuine interest in working with this population was clearly reflected in both her academic engagement and subsequent professional choices.

In the course of her studies, Ms. Pilch became actively involved in organizations supporting people with disabilities, including Poland Business Run. She later joined OWiT (Ośrodek Wsparcia i Testów – Centre for Support and Testing), where she served in a leadership role. As the Head of OWiT, she has continued to contribute to the educational process by sharing her expertise in adaptive technologies in subsequent academic years (2024–2025). Notably, she facilitated access to modern assistive technologies by organizing the provision of OWiT equipment, thereby enabling students to become acquainted with state-of-the-art solutions for people with disabilities.

Based on my experience, I am confident that Ms. Julia Pilch will prove to be an outstanding physiotherapist. She combines strong professional competence with a compassionate and patient approach, which are essential qualities in working with people with disabilities. I highly recommend her without reservation.

Yours faithfully,


Dr. Jarosław Amarowicz

Instytut Fizjoterapii UJ CM
Klinika Rehabilitacji
dr n. o zdr. Jarosław Amarowicz
asystent