

Cracow, 13 June 2026

Letter of recommendation

To whom it may concern,

I would like to recommend Julia Pilch, who worked at the Foundation and Rehabilitation Centre *Znowu w Biegu* as a Physiotherapist from 2023 to 2026.

During this time, Julia was involved in a broad range of rehabilitation and physiotherapy services provided by our Foundation. She worked both in the physiotherapy clinic, where she conducted manual therapy sessions, and in the exercise facility, where she led individual and group rehabilitation training programs. Her responsibilities included assessing patients' needs, planning and carrying out therapy, monitoring progress, maintaining medical documentation, and supporting patients throughout their rehabilitation process.

Julia worked with various patient groups, including orthopedic patients, people with physical disabilities, women after mastectomy, and patients with amputations. She also took an active role in several projects organized by our Foundation, including support and assessment programs for people with disabilities, prosthetic gait training camps, and rehabilitation camps for women after mastectomy.

Throughout her employment, Julia proved herself to be a dedicated and trustworthy professional. She carried out her duties with great care, responsibility, and commitment. She is a compassionate physiotherapist who builds positive relationships with patients and always strives to provide the highest standard of care. Her ability to combine professional knowledge with empathy and sincere dedication to the well-being of others has been greatly appreciated by both patients and colleagues.

Over the years, I have observed significant professional growth in Julia. She continuously developed her clinical skills, willingly expanded her knowledge, and approached every new challenge with enthusiasm and determination. Her commitment to physiotherapy and to improving the quality of life of her patients has always been clearly reflected in her daily work.

It has been a pleasure to have Julia as part of our team. I highly value her contribution to our Foundation and can recommend her without hesitation as a skilled, responsible, and dedicated physiotherapist.

Sincerely,


PREZES ZARZADU
Anna Orzechowska

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President of the Board

Foundation and Rehabilitation Centre *Znowu w Biegu*

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