

15th of June 2026, Kraków

## Letter of recommendation

To Whom It May Concern,

It is my pleasure, as President of the Poland Business Run Foundation, to recommend Julia Pilch, who has worked with us as a physiotherapist

The Poland Business Run Foundation organizes the largest charitable business relay race in Poland. Through this initiative, we raise funds to support people after amputations and individuals with musculoskeletal disabilities by providing prostheses, wheelchairs, and rehabilitation.

During her cooperation with our Foundation, Julia has proven to be an outstanding professional, characterized by great empathy, optimism, and a strong commitment to helping others. She consistently demonstrates a high level of engagement in all assigned tasks, performing them with responsibility and dedication.

Working with Julia, we have seen her confidently lead a warm-up session for around 3,000 runners during the Poland Business Run event. She handled the large audience with ease, charisma, and professionalism, and prepared exercises that were well adapted to the needs of runners. She has also supported our beneficiaries as a physiotherapist, working with individuals after amputations and helping them during rehabilitation and gait training with prostheses in a rehabilitation centre. In addition, she has taken part in our educational project by delivering webinars on physiotherapy for caregivers of people with disabilities.

Based on our collaboration, I can confidently state that Julia Pilch is a highly dedicated, compassionate, and skilled physiotherapist. Her professionalism and interpersonal qualities make her well-suited for work in international healthcare environments.

Sincerely,  
Agnieszka Pletzi  
President of the Poland Business Run Foundation  
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